



INDIAN CULTURAL CENTRE SÃO PAULO



Celebration of Rashtrya Ekta Diwas at ICC São Paulo – Oct 2016



Indian Council for Cultural Relations
भारतीय सांस्कृतिक सम्बंध परिषद्

INDIAN CULTURAL CENTRE SAO PAULO

ALAMEDA SARUTAIA, 380 - JARDIM PAULISTA

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ACTIVITIES REPORT - OCTOBER 2016

02.10
18h

Celebration | **FLORAL TRIBUTE TO MAHATMA GANDHI**
by CGI/ICC São Paulo



The annual tribute to the Mahatma to mark his birth date on 02nd October was celebrated by officials of the Consulate, members from Palas Athena association and from Ecos da Paz program, members of Indian community and guests. Consul General Ms. Abhilasha Joshi addressed the gathering along with Ms. Lia Diskin, a Brazilian Gandhian Scholar who conveyed a message on Bapu's life. Mr. Shobhan Saxena, President of IASP spoke on behalf of Indian Community in Sao Paulo.

All attendees had the opportunity to pay the traditional floral tribute at the feet of the monument installed at Praça Tulio Fontoura, in front of the one of the biggest urban parks of the world, Parque do Ibirapuera. Quotes and memories of the Mahatma were shared and the Raghupati Raghava bhajan was sung by members of the Indian community.





Photos:

https://www.facebook.com/pg/IndianConsulateGeneralSaoPauloBrazil/photos/?tab=album&album_id=1181662175234605

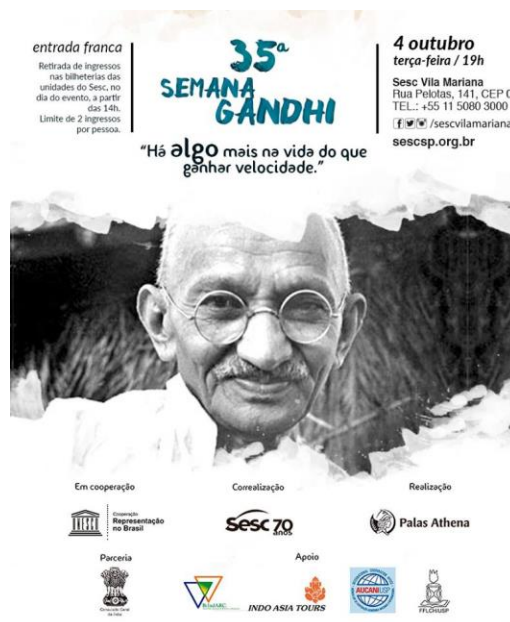
04.10
19h

Celebration | 35th GANDHI WEEK
By Palas Athena

The 'Semana Gandhi' (Gandhi Week) is an event organized by the Palas Athena, in partnership with Sesc, Consulate General of India and the Indian Cultural Centre São Paulo and has institutional support of the UNESCO. This year, the 35th edition of the event was celebrated in Sesc Vila Mariana.

The event is the official opening of a whole week of lectures, workshops and activities that explore the teachings and the example of Mahatma Gandhi as a serving leader. The title of this year's edition - a quote from Gandhi by the time of the inauguration of railways in India – "There's more to life than velocity" was used as a means of reflection about the rush of modern life.

A musical performance with singer Rita Braga and musician Dino Barioni opened the event. The keynote speech was delivered by the Indian professor Dr. Makarand R. Paranjape from Jawaharlal Nehru University, followed by roundtable discussion with Prof. Dr. Denise Ramos and Physician Prof. Dr. José Romão Trigo de Aguiar. A Odissi dance performance by Silvana Duarte and her artistic troupe of the Padmaa Studio conveyed the wordless artistic message of understanding and mutual collaboration.



05.10
19h

Lecture | **AN ANCIENT SOLUTION TO MODERN PROBLEMS**
By Kriya Yoga

Lecture and Kriya Yoga meditation session conducted by members of Kriya Yoga society Brazil and guest speaker Swami Atmavidyananda. Swami Atmavidyananda Giri, a senior monk in the lineage of Paramahansa Hariharananda and Paramahansa Prajnanananda, currently Vice President of Kriya yoga Institute, has been tirelessly teaching Kriya Yoga to sincere seekers for many years. Swami Atmavidyananda was born Arvind Joshi in 1971, Bhopal, India.



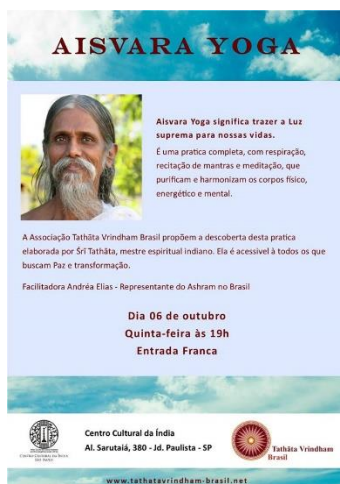
Upon completion of a degree in mechanical engineering, he met Paramahansa Hariharananda and, with his blessings, was initiated into Kriya Yoga in 1994, at Rourkela Ashram in India. After completing his professional responsibilities, in 2002, he dedicated his life fulltime to the cause of spiritual practice and joined the Hariharananda Gurukulam, Balighai under the auspices of Paramahansa Prajnanananda.

Photos:

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06.10
19h

Lecture | **AI SVARA YOGA**
With Andrea Elias/Tathata Vrindham Brasil



First part of the workshop and satsang that presents the techniques and philosophies of the Aisvara Yoga, a movement organized by Tathata Vrindham organization, headed by Swami Śrī Tathāta from Kerala, a natural born meditator whose spiritual inclinations started early in his childhood and has started a world movement on Yoga and great scale Vedic fire rituals (Mahāyāga) around the globe. The lecturer Ms. Andrea Elias is an official representative of Aisvara Yoga for Brazil.

07.10
18h30

Cooking Class | **MUGHLAI PARATHA**
With Chaitali Chatterjee

Monthly free Indian cooking workshops of Indian Cultural Centre Centro São Paulo are always a big success in our calendar. During October, the workshop was conducted by Mrs. Chaitali Chatterjee who taught how to prepare the Mughlai Paratha.

Participants actively contributed to the class and as usual, the newly learned recipe was tasted by all.

Photos:

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18.10
19h

Lecture | **HOW TO BALANCE OUTSIDE AND INNER WORLDS**
By Swami Nardananda

Palestra: “ Como manter equilibrado o mundo externo e o mundo interno espiritual”



Swami Nardanand
é Mestre Siddha
e Médico Ayurveda

DIA: 18/10/2016 (TERÇA-FEIRA)
19:00 HORAS
LOCAL: CENTRO CULTURAL DA ÍNDIA –
SÃO PAULO (SP)
ALAMEDA SARUTAIÁ, 380 – JARDIM PAULISTA
ENTRADA FRANCA



Guest speaker Swami Nardananda was born in 1958 in a small village in northern India and started studies in a traditional Vedic gurukula when he was 10. He learned Sanskrit, Philosophy and the various founding texts of Hinduism for over a period of 12 years and took his vows as a monk at 14 years of age.

In 1990, he founded the Siddha Ashram in Ujjain, central India. There he established one of the largest parad-lingams of the world.

Recently, he has been traveling to Europe and America and comes annually to Brazil to visit disciples and conducting lectures, teachings and Shaktipat initiations. His lecture at the ICC was

focused in traditional Indian meditation techniques.

20.10
19h15

Lecture/Pocket Show | **MUSIC AND TALES THAT LIFT**
By Brahma Kumaris SP

By Elizabeth Padilha, professional actress, singer and Raja Yoga meditation instructor, coordinator of the Brahma Kumaris retreats in California, USA instrutora de Raja Yoga. Coordena o Centro de Retiros da Brahma Kumaris, Califórnia. Her lecture demonstrations included interpretations of famous songs and their special inner meanings



Photos:

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21.10
19h

Lecture / Meditation Session | **VIPASSANA MEDITATION**
By Ecos da Paz

Another discussion and meditation session by Ecos da Paz program at the ICC São Paulo presented Mindfulness meditation, conducted by the experienced practitioners and instructor Newton Zimerman.

25.10
19h

Bollywood | **SCREENING OF THE FILM 'BLACK'**
By ICC São Paulo



This month's Bollywood session showcased the drama Black, acclaimed film directed by the consecrated Sanjay Leela Bhansali, success of box office success and review, the movie won the Filmfare Awards as best movie. It is the cathartic tale of a young woman who

can't see, hear or talk and the teacher who brings a ray of light into her dark world. Time Magazine (Europe) selected the film as one of the 10 Best Movies of the Year 2005 from around the globe

The integral version of the movie was screened with Brazilian Portuguese subtitles.

27.10
19h30

Lecture | **THE QUANTIC HEALTH**
With Aum Soham

The first meeting on Quantum Health held at the ICC focused on Frequency Therapies, a safe and noninvasive method with no toxicity risks or side effects that stimulates self-regenerative capacities of the individual's organism. The products used in the treatments are not medicines, but in fact inductors of vibrational patterns.

Many psychiatrists, physicians, physiotherapists and psychologists have been using and researching this method as supplementary practice to the traditional treatments with good results even for severe conditions. The facilitator, Aum Soham is a professional musician with specialization by the Shenandoah University, USA. He is also Orthomolecular therapist as graduated in the Centro Universitário Newton Paiva, in Minas Gerais, Brasil.

28.10
19h

Celebration | **PREM RAWAT ASSOCIATION TRAINING**
With Ivete Belfort

Program for Peace Education of Palavras de Paz (words of peace) created to promote the works and methods of the Prem Rawat Foundation in Peace Culture education now happens in one of the Fridays allocated to the Ecos da Paz programs. The method includes video classes that are watched and discussed by all participants. The events are closed by an inspiring artistic presentation of dance, poetry and music performed by volunteers.

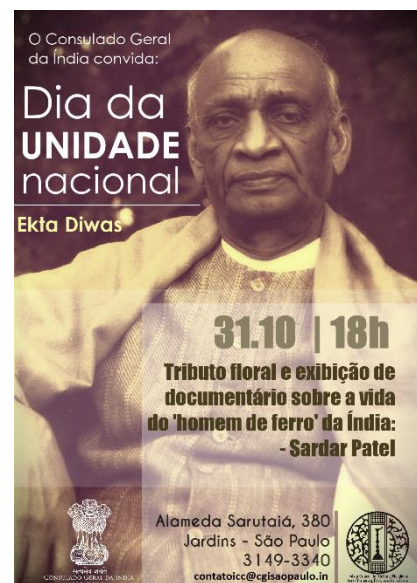
31.10
19h

Celebration | **SARDAR PATEL JAYANTI / NATIONAL UNITY DAY**
By CGI/ICC São Paulo

Remembering Sardar Vallabhbhai Patel, the Iron Man of India, on his 141st Birth Anniversary at the ICC, Sao Paulo on October 31, 2016.

His birth anniversary also marks the Rashtriya Ekta Diwas (National Unity Day) in India for his immense contribution towards Integration after Independence.

The event was opened by the flower homage to the Sardar and the remarks of Consul General Abhilasha Joshi about his importance followed by the screening of the documentary titled "Man of Silence - Sardar Vallabhbhai Patel".







Photos:

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Besides, all our regular activities such as Yoga, Odissi, Bharatanatyam and Kathak classes, and Library Services are being conducted as per schedule.

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ICC YouTube Channel:

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Website of CGI and ICC Sao Paulo:

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